## ABSTRACT OF THE DISCLOSURE

A system and method for caching network resources in an intermediary server topologically located between a client and a server in a network. The intermediate server preferably caches at both a back-end location and a front-end location. Intermediary server includes a cache and methods for loading content into the cache as according to rules specified by a site owner. Optionally, content can be proactively loaded into the cache to include content not yet requested. In another option, requests can be held at the cache when a prior request for similar content is pending.

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